



Dear Shintaido lovers from all over the world,

The European Shintaido College and Shintaido Italia are excited and pleased to welcome you to this event. This Semi-International Gasshuku takes place in Tirrenia, in the Italian region of Tuscany!

This Gasshuku's theme is:

**Is Shintaido a holistic body movement art?**

**TOITSU TAI**

**統一**

31 October - 4 November 2018

Tirrenia (Pisa) - ITALY

Welcome everybody to ESC Semi-International in Tirrenia!

The event main theme is “統一体/Toitsu tai - Unification”. Originally we thought to represent it with a Japanese calligraphy; but, after some thinking, Minagawa Sensei decided to remove some parts of his drawing, which led to the conclusion that, to better represent the theme, the character “一/Ichi - One, Unity” by itself, should be sufficient (in the brochure you will find a more detailed explanation of the evolution of Masashi’s calligraphy).

There is also a question: is Shintaido an holistic body movement art?

With the term holistic, we mean something whose unity or entirety is greater than the sum of the contribution of each part it is made of: a machine or a body is made of many different components, each of them alone is functional and complete but, only when you combine them all together, and consider it as a whole, will you have a car or a human being.

If you want, you can answer that question at the end of this event, with your point of view or thoughts.

During the next few days there will be several activities: karate, bojutsu, kenjutsu, meditation and Shintaido (bare hands). Through each keiko we’ll try to reach the core of Shintaido, its root, its unity! The different practices, in fact, aren’t separate or isolated, but a different expression of the same spirit: the deep heart of Shintaido. Each of them is an aspect that could be deepened and accurately studied, but without losing the common origin: we can imagine indeed that a straight line links them; exactly like the character Minagawa Sensei has chosen for his calligraphy.

Therefore we invite you to attend the event with this communion spirit, in order to achieve unity also as a group: practicing with the same breath, with the same “ma”.

Relish these days, keikos and people participating as one! And... enjoy!!!

*Davide, Patrizio, Gianni*



# 統一体 (Toitsu tai) ~ 一体 (Ittai) ~ 一 (Ichi)

“How the calligraphy design developed for the ESC Semi International 2018”

Last year, Gianni, the event manager of ESC Semi International, asked me what would be a good Japanese word for the theme of this event.

The word “統一体/Toitsu tai - Unification” came straight into my mind, which I shared with him. I was then asked to write this word in calligraphy.

To tell the truth, It was harder than I thought to express the image of the theme I had in my mind through calligraphy. I wanted to express the pure joy children show when they are absorbed in something they enjoy. However, my desire to make the calligraphy visually pleasing seemed to prevent this expression.

I felt that the character “統/To” that I had written (which also has meanings such as “ruling, governing and uniformity”) had an egotistic or self-centred quality. I was hoping to get new inspiration by making a pre-event visit to the dojo in Tirrenia and practicing with the Italian members there. Despite this I still couldn’t come up with any fresh inspiration.

When I had almost given up hope, just the night before I was leaving Italy, I realised that I had been tied down by my fixed idea of the calligraphy “統一体/Toitsu tai” that I had written, and that “統/To” needed to be dropped.

It came to me that I could become free by letting go of the character “統/To” and transforming “統一体/Toitsu tai” into “一体/Ittai - Unity”, which is a word that is a part of the Shintaido principle of “天地人々我一体/Tenchi hitobito ware ittai”. I shared these thoughts with Gianni. We then decided that it would be better to drop even the character “体/Tai - Body, Form”, which also seemed to hold fixed ideas within us. In the end, we agreed that when you let go of all the unnecessary things, only the character “一/Ichi - One, Oneness” is left. This finally felt right. We decided “一/Ichi - One, Oneness” for the calligraphy design while still keeping the theme as “統一体/Toitsu tai”.














I was satisfied with this “一/Ichi” calligraphy, which is accessible to all. For me, this one line contains everything, it is the “Line of Life”, - the starting line, the goal line, the beginning and the end. It is my Golden Line, the Diamond Eight, One swing of the sword, and “Ichi no Tachi” - the first movement of Jissen Kumi Tachi.

At the ESC Semi International event this autumn, we will gather together in Italy, the birthplace of the Renaissance. The General Instructors will share with you the fruits of their practice. I am looking forward to this time together. With “Oneness” in our hearts, let’s enjoy the harvests of Shintaido.

Masashi Minagawa

Translated by Nagako Cooper.

Schedule / Programma

Wednesday 31 October	Thursday 1 November	Friday 2 November	Saturday 3 November	Sunday 4 November
	7.00 - 8.00 <b>SKTF keiko 2</b>	6.30 - 7.45 <b>ETC keiko 2</b>	6.30 - 7.45 <b>Meditation Taimyo</b> Ito Sensei <i>Athletics track</i>	6.30 - 7.45 <b>Meditation Taimyo</b> Ito Sensei <i>Athletics track</i>
	8.00 - 8.45  Breakfast	8.00 - 8.45  Breakfast	8.00 - 8.45  Breakfast	8.00 - 8.30  Breakfast
11.00 - 14.30 SKTF arrival	9.00 - 12.00 <b>SKTF keiko 3</b> <i>Basketball gym</i>  10.00 - 14.30 ETC arrival	9.00 - 12.00 <b>ETC keiko 3</b> <i>Basketball gym</i>  10.00 - 17.00 ESC arrival	9.00 - 12.00 <b>Keiko: KARATE</b> Sensei: Aoki - Franklin - Rossi <i>Beach on seaside</i>	8.45 - 11.00 <b>Keiko: KENJUTSU</b> Sensei: Quettier - Hirano - Chambers <i>Baseball field</i>  11.00-12.15 <b>Closing keiko and closing ceremony</b> Minagawa Sensei <i>Basketball gym</i>
12.30 - 13.30  Lunch	12.30 - 13.30  Lunch	12.30 - 13.30  Lunch	12.30 - 13.30  Lunch	12.30 - 13.30  Lunch
15.00 - 18.30 <b>SKTF keiko 1</b> <i>Basketball gym</i>	15.00 - 18.30 <b>ETC keiko 1</b> <i>Basketball gym</i>	15.00 - 17.00 <b>ESC Examinations</b> <i>Basketball gym</i>  17.30 - 19.00 <b>Opening ceremony</b> <i>Basketball gym</i>  <b>Opening keiko</b> Minagawa/Rossi sensei <i>Basketball gym</i>	15.30 - 18.00 <b>Keiko: BOJUTSU</b> Sensei: Chevet - Müller - Siddiki <i>Baseball field</i>	Departures
19.30 - 20.30  Dinner	19.30 - 20.30  Dinner	19.30 - 20.30  Dinner	19.30 - 20.30  Dinner	
21.00 - 23.00 <b>SKTF meeting</b> <i>Conference room</i>	21.00 - 23.00 <b>ETC meeting</b> <i>Conference room</i>	20.45 - 21.30 <b>Exam results</b> <i>Conference room</i>  21.30 - 23.00 <b>ESC GMM</b> <i>Conference room or Evening keiko</i> <i>Basketball gym</i>	20.30 - 23.00 <b>Party</b> <i>Basketball gym</i>	

Note: in case of rain, keiko outdoor will be held in basketball gym.

Updated schedule at [www.euroshintaido2018.wordpress.com/schedule/](http://www.euroshintaido2018.wordpress.com/schedule/)

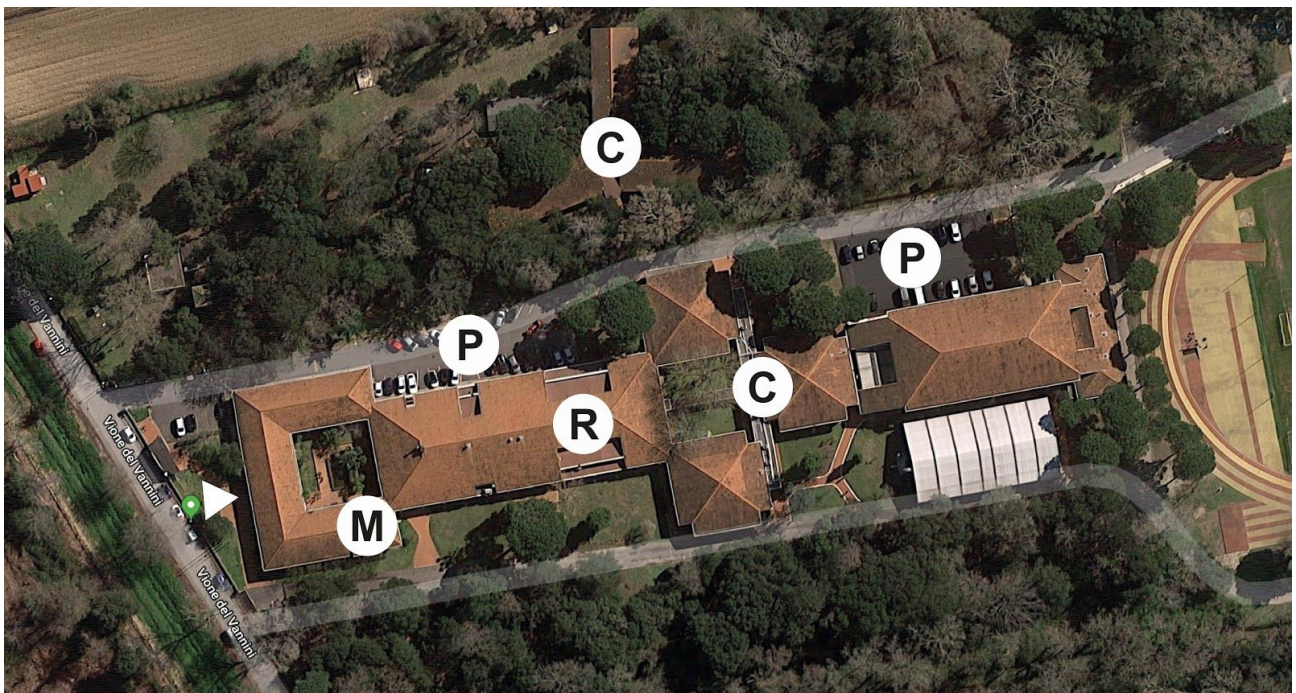
Location: Olympic Preparatory Center / Centro di Preparazione Olimpica (CPO)



1. Rooms and restaurant
2. Basketball gym
3. Soccer field and athletics track
4. Gymnastics gym
5. Tennis fields
6. Softball field
7. Rugby fields
8. Baseball field

Detail:

- P. Parking
- C. Rooms/Chambres
- R. Restaurant
- M. Meeting room



Partecipants / Partecipanti / Účastníci / Teilnehmer	Name - Room number - e-mail
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## Organizational Team / Equipe d'organisation

<p>General management</p> <p>Patrizio Andreoli Davide Aragno Giovanni Rossi</p>	<p>Director of instruction</p> <p>Giovanni Rossi</p>	<p>Exam coordinator</p> <p>Georg Müller</p>	<p>Exam goreisha</p> <p>Pierre Quettier</p>
<p>Master of ceremony</p> <p>David Franklin</p>	<p>Communications and website</p> <p>Pierre Quettier Patrizio Andreoli</p>	<p>Digital community &amp; management tool</p> <p>Jean-Louis de Gandt Pierre Quettier</p>	<p>CPO interface and finance</p> <p>Patrizio Andreoli Jean-Louis de Gandt</p>
<p>Transportation</p> <p>Aaron Zaretti Giovanni Rossi Franco Beconcini</p>	<p>“Space” care team (dojo, rooms, etc)</p> <p>Davide Aragno Pierre Paraque Frédérique Robert-B. Mikael Dourlens Daisuke Uchida</p>	<p>Photo and video</p> <p>Pierre Quettier Marc Plantec Annabelle Brunet Frédérique Robert-B.</p>	<p>Sensei care team</p> <p>Mieko Hirano (mentor) Céline Duarte Alain Marié Davide Aragno Mark Bannon</p>
<p>Tea corner</p> <p>Nathalie Reboux Céline Duarte Daniel Bokobza</p>	<p>Translations</p> <p>Iida Soichiro Jean-Louis de Gandt Davide Aragno</p>	<p>Official support for ETC members</p> <p>Patrizio Andreoli</p>	<p>Keiko report</p> <p>Serge Magne Christine Gov</p>
<p>Equipment sales</p> <p>Laurent Lacroix Mike Sheets</p>	<p>Party organisers</p> <p>Ula Chambers Stefania Frola Aaron Zaretti David Franklin</p>	<p>First aid</p> <p>Connie Borden Aaron Zaretti Nathalie Reboux</p>	<p>Timekeeper and announcements</p> <p>Mike Sheets Connie Borden David Franklin</p>

